

Šumadinsko kolo (Serbia)

Šumadinsko kolo (“shoo-mah-DIN-skoh KOH-loh”) is a Serbian kolo from Šumadija. I learned the dance from Ciga Despotović in the late 1970’s.

MUSIC: “Šumadinsko kolo” Ciga LP #3

FORMATION: Long line. Leader on R. Low (“V”) handhold.

METER: 4/4

PATTERN

Meas

Fig. 1:

- 1 Facing and moving R: Step (run) on R ft (1), step (run) on L ft (&), slight lift or hop on L ft in preparation for step on R ft, knees bent (a 2), repeat “1 & a 2” with opp ftwk, same dir (3 & a 4).
- 2 Turning to face ctr, but continuing to move R: Jump to a position with wt on both ft, ft about a shoulder’s width apart (1), hop onto R ft (2), step on L ft crossed behind R (&), step on R ft to R (3), step on L ft crossed in front of R (&), close R ft to L, facing ctr (4).
- 3 Facing ctr and moving slightly bkwds, away from ctr: Hop bkwds on both ft moving heels slightly to the L (1), hop bkwds on both ft moving heels slightly to the R (2), repeat ct 1 (3), repeat ct 2 (4).
- 4 Jogging grapevine to the L: Step on L to L (1), step on R ft crossed in front of L (&), step on L ft to L (2), step on R ft crossed behind L (&), step on L to L (3), step on R ft crossed in front of L (&), step on L ft, turning to face R to begin dance again (4).

Fig 2:

- 1-2 Repeat meas 1-2, Fig. 1.
- 3 Moving L: Step diag fwd to L on L ft, bringing hands 45° fwd (1), hop on L ft while R ft does a small CCW circle from the knee (2), step on R ft crossed in front of L, bringing hands back to a position slightly behind body (&), step on L ft to L, bringing hands 45° fwd (3), hop on L ft while R ft makes a CW circle to behind L leg (4), step on R ft crossed behind L (&).
- 4 Repeat meas 4, Fig. 1.

Fig. 3 (Optional)

- 1-3 Repeat meas 1-3, Fig 1.
- 4 Still facing ctr and moving bkws, hop 6 times bkws on both (1&2&3&), hop onto L ft, turning to face R to begin dance again (4).

Leader calls changes in figures at will.

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